





## Fight discrimination against older LGBTI people in the workplace!

Being open at work about your sexual orientation can be daunting, especially, if you are older. But being open at work can relieve the stress of hiding who you are and it makes deeper friendships possible. If you experience or witness LGBTI discrimination at work raise your concern, raise your voice! An open, inclusive and diverse workplace can be more productive!

### Fight discrimination against older LGBTI people in the workplace!

For more information about Best4OlderLGBTI, please access the project website:



This leaflet has been produced as part of the Best4Older LGBTI Project – implemented with financial support of the European Union by the Rights, Equality and Citizenship (REC) Programme. This leaflet reflects the views only of the author; therefore, the European Commission cannot be held responsible for any use which may be made of the information contained therein.

#GoOlderLGBTIworkers





#WeCare

Older LGBTI people may experience trouble when going out on a romantic dinner, or hitting the gym, even on riding a bus. Older LGBTI people may hesitate to make a medical appointment. Older LGBTI people may feel that no one cares!

#### **But We care!**

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## Are you a health care professional? Handle with care!

Older LGBTI people may not come out to the doctor. Older LGBTI people may hesitate to make an appointment. Older LGBTI people may not go for treatment even when they desperately need one. Health surveys show that older LGBTI people are more likely to delay or not seek medical care at all, and that's because older LGBTI people often fear discrimination when they need health care services.

Each one of us should always be careful, be encouraging to handle our older LGBTI patients with care!

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https://www.best4older-lgbti.org/

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#handlewithcare







# Denying the sexuality of older people is wrong, especially when they ask the support of public services!

It is often assumed that older people are asexual or that sexuality is no longer important to them. But that's not true, like everyone else, older people have a sexual life. According to statistics, more than 50% of seniors over 65 are sexually active. Like everyone else, older persons should have the right to express their sexuality, but sexual expression does not receive the same levels of acceptance at all ages. When an older person comes to your office or service remember their sexual life is an important part of their being. Take into account their needs concerning sexuality and gender identity!

### Denying the sexuality of older people is wrong!

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#yeswehavesex







## Teachers and students stand for a society that respects older LGBTI people!

Classrooms are diverse.

No students or families are the same.

Diversity is the key.

As a teacher you are a role model!

DO NOT consider heterosexuality as the only model.

NEVER allow or use homophobic language.

Assume students are diverse in ways you cannot see.

Create a safe environment where students can be themselves. Presume students & families might be LGBTI, even older people! We are counting on you to

### Stand up for an inclusive society!

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#teachersagainstprejudice